

Paul gathered a pile of brushwood and, as he put it on the fire, a viper, driven out by the heat, fastened itself on his hand. ⁴When the islanders saw the snake hanging from his hand, they said to each other, "This man must be a murderer; for though he escaped from the sea, Justice has not allowed him to live." ⁵But Paul shook the snake off into the fire and suffered no ill effects. Acts 28:3-5 (NIV)

Make the choice to work through the _____ and _____ of healing.

As he looked about and saw his brother Benjamin, his own mother's son, he asked, "Is this your youngest brother, the one you told me about?" And he said, "God be gracious to you, my son." ³⁰ Deeply moved at the sight of his brother, Joseph hurried out and looked for a place to weep. He went into his private room and wept there. ³¹After he had washed his face, he came out and, controlling himself, said, "Serve the food." Genesis 43:29-31 (NIV)

Then Joseph could no longer control himself before all his attendants, and he cried out, "Have everyone leave my presence!" So there was no one with Joseph when he made himself known to his brothers. ² And he wept so loudly that the Egyptians heard him, and Pharaoh's household heard about it. ³ Joseph said to his brothers, "I am Joseph! Is my father still living?" But his brothers were not able to answer him, because they were terrified at his presence. ¹⁴ Then he threw his arms around his brother Benjamin and wept, and Benjamin embraced him, weeping. ¹⁵ And he kissed all his brothers and wept over them. Afterward his brothers talked with him. Genesis 45:1-3; 14-15 (NIV)

When Joseph's brothers saw that their father was dead, they said, "What if Joseph holds a grudge against us and pays us back for all the wrongs we did to him?" ¹⁶ So they sent word to Joseph, saying, "Your father left these instructions before he died: ¹⁷ 'This is what you are to say to Joseph: I ask you to forgive your brothers the sins and the wrongs they committed in treating you so badly.' Now please forgive the sins of the servants of the God of your father." When their message came to him, Joseph wept. ¹⁸ His brothers then came and threw themselves down before him. "We are your slaves," they said. ¹⁹ But Joseph said to them, "Don't be afraid. Am I in the place of God? ²⁰ You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives. ²¹ So then, don't be afraid. I will provide for you and your children." And he reassured them and spoke kindly to them. Genesis 50:15-21 (NIV)



Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Ephesians 4:2 (NLT)

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. ¹⁵ See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many. Hebrews 12:14-15 (NIV)

That Sunday evening the disciples were meeting behind locked doors because they were afraid of the Jewish leaders. Suddenly, Jesus was standing there among them! "**Peace be with you,**" he said. ²⁰ As he spoke, he showed them the wounds in his hands and his side. They were filled with joy when they saw the Lord! ²¹ Again he said, "**Peace be with you. As the Father has sent me, so I am sending you.**"

John 20:19-21 (NLT)

But Joseph said to them, "Do not be afraid, for am I in God's place? ²⁰ As for you, you meant evil against me, but God meant it for good in order to bring about this present result, to preserve many people alive.

²¹ So therefore, do not be afraid; I will provide for you and your little ones." So he comforted them and spoke kindly to them.

Genesis 50:19-21 (NASB)

Joseph directed his focus to God who was the source of his hope and healing, rather than wasting time and energy on the wrongs and wounds his brothers inflicted.

Make the choice to _____ God in _____ situation.

Then Pharaoh named Joseph Zaphenath-paneah; and he gave him Asenath, the daughter of Potiphra priest of On, as his wife. And Joseph went forth over the land of Egypt. Genesis 41:45 (NASB)

The LORD was with Joseph, so he became a successful man. And he was in the house of his master, the Egyptian.²⁰ So Joseph's master took him and put him into the jail, the place where the king's prisoners were confined; and he was there in the jail. ²¹But the LORD was with Joseph and extended kindness to him, and gave him favor in the sight of the chief jailer. ²³...the LORD was with him; and whatever he did, the LORD made to prosper. Genesis 39:2, 20-21, 23b (NASB)

*Blessed are those who mourn, for they shall be comforted.
Matthew 5:4 (NASB)*

Make the choice not to be _____ by the _____ of the past.

Joseph named the firstborn Manasseh, "For," he said, "God has made me forget all my trouble and all my father's household." Genesis 41:51 (NAS)

Manasseh =
"to make or cause to _____"

*...I focus on this one thing: Forgetting the past and looking forward to what lies ahead, ¹⁴I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.
Philippians 3:13b-14 (NLT)*

There is a question each of us has to answer:
Will I _____ the hurts of my past,
or will I _____ them?

Release = A setting free, or being set free from pain, duty, or imprisonment. To surrender claim to, to free from care, pain, anxiety.

Rehearse = To play again and again; To name or name one by one; To count.

Make the choice to _____ God right _____, right _____ you are.

He named the second Ephraim, "For," he said, "God has made me fruitful in the land of my affliction." Genesis 41:52 (NAS)

Ephraim =
"double _____-heap; doubly _____"

The Spirit of the Sovereign LORD is upon me, for the LORD has anointed me to bring good news to the poor. He has sent me to comfort the brokenhearted and to proclaim that captives will be released and prisoners will be freed. ²He has sent me to tell those who mourn that the time of the LORD's favor has come, and with it, the day of God's anger against their enemies. ³To all who mourn in Israel, he will give a crown of beauty for ashes, a joyous blessing instead of mourning, festive praise instead of despair. In their righteousness, they will be like great oaks that the LORD has planted for his own glory. Isaiah 61:1-3 (NLT)

Make the choice to extend _____ grace to _____ to process the pain.

So Israel's sons were among those who went to buy grain, for the famine was in the land of Canaan also. ⁶Now Joseph was the governor of the land, the one who sold grain to all its people. So when Joseph's brothers arrived, they bowed down to him with their faces to the ground. ⁷As soon as Joseph saw his brothers, he recognized them, but he pretended to be a stranger and spoke harshly to them. "Where do you come from?" he asked. "From the land of Canaan," they replied, "to buy food." ⁸Although Joseph recognized his brothers, they did not recognize him. ⁹ Then he remembered his dreams about them... Genesis 42:5-9a (NIV)

Speaking among themselves, they said, "Clearly we are being punished because of what we did to Joseph long ago. We saw his anguish when he pleaded for his life, but we wouldn't listen. That's why we're in this trouble." ²²"Didn't I tell you not to sin against the boy?" Reuben asked. "But you wouldn't listen. And now we have to answer for his blood!"²³ Of course, they didn't know that Joseph understood them, for he had been speaking to them through an interpreter. ²⁴Now he turned away from them and began to weep. When he regained his composure, he spoke to them again. Genesis 42:21-24a (NLT)