## Hope for the Broken and Contrite:

### My \_\_\_\_\_ is not too \_\_\_\_\_\_ for God's grace.

God's law was given so that all people could see how sinful they were. But as people sinned more and more, God's wonderful grace became more abundant. <sup>21</sup> So just as sin ruled over all people and brought them to death, now God's wonderful grace rules instead, giving us right standing with God and resulting in eternal life through Jesus Christ our Lord. ROMANS 5:20-21 (NLT)

The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus. <sup>15</sup>Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners—of whom I am the worst. I TIMOTHY 1:14-15 (NIV)

### I am who \_\_\_\_\_ says I am, not what I have \_\_\_\_\_.

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! II CORINTHIANS 5:17 (NLT)

So now there is no condemnation for those who belong to Christ Jesus. ROMANS 8:1 (NLT)

### I cannot change my \_\_\_\_\_, but \_\_\_\_\_\_ can change my \_\_\_\_\_\_.

This is how the LORD responds: "If you return to me, I will restore you so you can continue to serve me. If you speak good words rather than worthless ones, you will be my spokesman. You must influence them; do not let them influence you!" JEREMIAH 15:19 (NIV)

Repentance means turning from as much as you know of your sin to give as much as you know of yourself to as much as you know of your God, and as our knowledge grows at these three points so our practice of repentance has to be enlarged. - J. I. Packer

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Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. <sup>8</sup>Oh, give me back my joy again; You have broken me—now let me rejoice. <sup>9</sup>Don't keep looking at my sins. Remove the stain of my guilt. <sup>10</sup>Create in me a clean heart, O God. Renew a loyal spirit within me. <sup>11</sup>Do not banish me from Your presence, and don't take Your Holy Spirit from me. <sup>12</sup>Restore to me the joy of Your salvation, and make me willing to obey You. <sup>13</sup>Then I will teach Your ways to rebels, and they will return to You. PSALM 51:7-13 (NLT)

Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it—I see that my letter hurt you, but only for a little while— <sup>9</sup> yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. <sup>10</sup> Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. II CORINTHIANS 7:8-10 (NIV)

In the same way, I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents. LUKE 15:10 (NIV)

The LORD sent Nathan to David... II SAMUEL 12:1a (NIV)

Repentance is a discovery of the evil of sin, a mourning that we have committed it, a resolution to forsake it. It is, in fact, a change of mind of a very deep and practical character, which makes the man love what once he hated, and hate what once he loved. - Charles Spurgeon

Note: In order to be restored there must be repentance. Repentance requires more than wanting a change, feeling sorry, or determination to do better. We must get back to first admitting we have a need. When people do not acknowledge the truth about themselves spiritually, there is no hope of change. God is the One who brings about restoration, and He does this through repentance

# Three basics of true repentance:

### - I am \_\_\_\_\_

Then Nathan said to David, "You are the man! This is what the LORD, the God of Israel, says: 'I anointed you king over Israel, and I delivered you from the hand of Saul. '9 Why did you despise the word of the LORD by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites. <sup>10</sup> Now, therefore, the sword will never depart from your house, because you despised me and took the wife of Uriah the Hittite to be your own.' - <sup>13</sup> Then David said to Nathan, "I have sinned against the LORD." II SAMUEL 12:7, 9-10, 13 (NIV)

God overlooked people's ignorance about these things in earlier times, but now he commands everyone everywhere to repent of their sins and turn to him. ACTS 17:30 (NLT)

Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. <sup>2</sup>Wash me clean from my guilt. Purify me from my sin. <sup>3</sup>For I recognize my rebellion; it haunts me day and night. <sup>4</sup>Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and your judgment against me is just. PSALM 51:1-4 (NLT)

But if you fail to do this, you will be sinning against the LORD; and you may be sure that your sin will find you out. NUMBERS 32:23 (NIV)

### - I am \_\_\_\_\_

For You do not delight in sacrifice, or else I would give it; You are not pleased with burnt offering.<sup>17</sup>My [only] sacrifice [acceptable] to God is a broken spirit; A broken and contrite heart [broken with sorrow for sin, thoroughly penitent], such, O God, You will not despise. PSALM 51:16-17 (AMP)

My guilt overwhelms me—it is a burden too heavy to bear. <sup>5</sup> My wounds fester and stink because of my foolish sins. <sup>6</sup> I am bent over and racked with pain. All day long I walk around filled with grief. <sup>8</sup> I am exhausted and completely crushed. My groans come from an anguished heart. But I confess my sins; I am deeply sorry for what I have done. PSALM 38:4-6, 8, 18 (NLT)

For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death. II CORINTHIANS 7:10 (NLT)

Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight! <sup>2</sup> Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty! <sup>3</sup> When I refused to confess my sin, my body wasted away, and I groaned all day long. <sup>4</sup> Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat. Interlude <sup>5</sup> Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD." And you forgave me! All my guilt is gone. PSALM 32:1-5 (NLT)

### \_ - I am \_\_\_\_\_

Create in me a clean heart, O God. Renew a loyal spirit within me. <sup>11</sup>Do not banish me from Your presence, and don't take Your Holy Spirit from me. <sup>12</sup>Restore to me the joy of Your salvation, and make me willing to obey You. <sup>13</sup>Then I will teach Your ways to rebels, and they will return to You. PSALM 51:10-13 (NLT)

True repentance occurs whenever a person due to the knowledge of their sin, turns away from that sin with sorrow, and turns toward God in joy.