

These commandments that I give you today are to be on your hearts. ⁷Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. ⁸Tie them as symbols on your hands and bind them on your foreheads. ⁹Write them on the doorframes of your houses and on your gates.

Deuteronomy 6:6-8 (NIV)

Let God renew your mind by resting in His thoughts at these key times of the day.

In _____ times. “sit at home”

Between _____. “walk along the road”

As you go to _____. “when you lie down”

When you _____ up. “when you get up”

Rejoice in the Lord always. I will say it again: Rejoice! ⁵Let your gentleness be evident to all. The Lord is near. ⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Philippians 4:4-9 (NIV)

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Since you have heard about Jesus and have learned the truth that comes from him, ²²throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. ²³Instead, let the Spirit renew your thoughts and attitudes. ²⁴Put on your new nature, created to be like God—truly righteous and holy.

Ephesians 4:21-24 (NLT)

**My _____ process determines
the _____ of my life.**

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.

Then you will learn to know God's will for you, which is good and pleasing and perfect. Romans 12:2 (NLT)

Be careful how you think; your life is shaped by your thoughts.

Proverbs 4:23 (GNT)

But the words you speak come from the heart—that's what defiles you. ¹⁹For from the heart come evil thoughts...

Matthew 15:18-19b (NLT)

For as he thinks within himself, so he is... Proverbs 23:7a NASB

"As a single footstep will not make a path on the earth, so a single thought will not make a pathway in the mind. To make a deep physical path, we walk again and again. To make a deep mental path, we must think over and over the kind of thoughts we wish to dominate our lives."

(Henry David Thoreau)

**I must choose to have my _____
renewed with God's _____.**

“For my thoughts are not your thoughts, neither are your ways my ways,” declares the LORD. ⁹“As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts” Isaiah 55:8-9 (NIV)

*Wash your heart from evil, O Jerusalem, That you may be saved.
How long will your wicked thoughts Lodge within you?
Jeremiah 4:14 (NASB)*

*So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. ¹⁸They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. ¹⁹Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.
Ephesians 4:17-19 (NIV)*

**“The battle for sin always starts in the mind.”
Rick Warren**

Renewing my mind means I will:

Engage in the _____ of the _____.

*For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.
II Corinthians 10:3-5 (NIV)*

**I will search and take _____ every thought
that is contrary to God's _____.**

Search me, God, and know my heart; test me and know my anxious thoughts. ²⁴See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139: 23-24 (NIV)

**I will identify and make _____ every
thought to _____.**

*And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him. ⁷Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness. ⁸Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.
Colossians 2:6-8 (NLT)*

*You are my refuge and my shield; Your word is my source of hope.
Psalm 119:114 (NLT)*

These words I speak to you are not incidental additions to your life, homeowner improvements to your standard of living. They are foundational words, words to build a life on. If you work these words into your life, you are like a smart carpenter who built his house on solid rock. Rain poured down, the river flooded, a tornado hit—but nothing moved that house. It was fixed to the rock. Matthew 7:24-25 (MSG)

Renewing my mind means I will:

**Engage in the practice of _____ in
and _____ on God's Word.**

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. ²But they delight in the law of the LORD, meditating on it day and night. ³They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do. Psalm 1:1-3 (NLT)

*So faith comes from hearing, and hearing by the word of Christ.
Romans 10:17 (NASB)*

I meditate on your precepts and consider your ways. ²⁷Cause me to understand the way of your precepts, that I may meditate on your wonderful deeds. Psalm 119:15, 27 (NIV)