

For I can do everything through Christ, who gives me strength.<sup>19</sup> And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.<sup>20</sup> Now all glory to God our Father forever and ever! Amen.

Philippians 4:12, 19-20 (NLT)

No, in all these things we are more than conquerors through him who loved us. Romans 8:37 (NIV)

## Establish daily \_\_\_\_\_ that result in giving thanks.

I thank my God every time I remember you. Philippians 1:3 (NIV)

They were also to stand every morning to thank and praise the LORD. They were to do the same in the evening. I Chronicles 23:30 (NIV)

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.

Philippians 4:4-7 (MSG)

For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened.<sup>22</sup> Although they claimed to be wise, they became fools<sup>23</sup> and exchanged the glory of the immortal God for images made to look like a mortal human being and birds and animals and reptiles.

Romans 1:21-23 (NIV)

But mark this: There will be terrible times in the last days.<sup>2</sup> People will be lovers of themselves, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy,<sup>3</sup> without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good,<sup>4</sup> treacherous, rash, conceited, lovers of pleasure rather than lovers of God.

II Timothy 3:1-3 (NIV)

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**HOLY HABITS**

**Habit #3**  
**Cultivating Thankfulness**

Pastor David Redmond July 21, 2019

...train yourself to be godly. I Timothy 4:7b

Habit #1 Applying Scripture

Habit #2 Worshiping Passionately

Habit #3 Cultivating Thankfulness

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the LORD is good and his love endures forever; his faithfulness continues through all generations. Psalm 100:4-5 (NIV)

I will always thank the LORD; I will never stop praising him.  
Psalm 34:1 (TLB)

Always be joyful.<sup>17</sup> Never stop praying.  
<sup>18</sup> Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. I Thessalonians 5:16-18 (NLT)

But godliness with contentment is great gain.  
I Timothy 6:6 (NIV)

...for I have learned to be content in whatever circumstances I am.  
Philippians 4:11b (NASB)

"We can all see God in exceptional things, but it requires the culture of spiritual discipline to see God in every detail."  
A.W. Tozer

## Become a \_\_\_\_\_ in the area of \_\_\_\_\_.

Be thankful in all circumstances, for this is God's will for you  
who belong to Christ Jesus. 1 Thessalonians 5:18 (NLT)

Trailblazer = one that blazes a trail to guide others;  
the first person to do something or go somewhere,  
who shows that it is also possible for other people

Give thanks to the LORD, for he is good; his love endures forever.

<sup>2</sup> Let the redeemed of the LORD tell their story— Psalm 107: 1-2a (NIV)

Lord, with all my heart I thank you. I will sing your praises before the  
armies of angels. <sup>2</sup> I face your Temple as I worship, giving thanks to  
you for all your loving-kindness and your faithfulness, for your  
promises are backed by all the honor of your name. <sup>3</sup> When I pray, you  
answer me and encourage me by giving me the strength I need.  
<sup>7</sup> Though I am surrounded by troubles, you will bring me safely  
through them. You will clench your fist against my angry enemies!  
Your power will save me. <sup>8</sup> The Lord will work out his plans for my  
life—for your loving-kindness, Lord, continues forever. Don't abandon  
me—for you made me. Psalm 138:1-3, 7-8 (TLB)

And let the peace that comes from Christ rule in your hearts...And  
always be thankful. <sup>16</sup> Let the message about Christ, in all its richness,  
fill your lives. Teach and counsel each other with all the wisdom he  
gives. Sing psalms and hymns and spiritual songs to God with thankful  
hearts. <sup>17</sup> And whatever you do or say, do it as a representative of the  
Lord Jesus, giving thanks through him to God the Father.

Colossians 3:15-17 (NLT)

*Some saints have very short memories. It has been well  
said that we write our benefits in dust, and our injuries in  
marble, and it is equally true that we generally inscribe  
our afflictions upon brass, while the records of the  
deliverances of God are written in water. It ought not so  
to be. If our memories were more tenacious of the  
merciful visitations of our God, our faith would often be  
strengthened in times of trial.*  
— Charles Spurgeon

## I will be thankful in life's \_\_\_\_\_.

*"I have told you these things, so that in me you may have peace. In  
this world you will have trouble. But take heart! I have overcome the  
world."*  
John 16:33 (NIV)

Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your  
gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious  
about anything, but in every situation, by prayer and petition, with  
thanksgiving, present your requests to God. <sup>7</sup> And the peace of  
God, which transcends all understanding, will guard your hearts and  
your minds in Christ Jesus. Philippians 4:4-7 (NIV)

*"When it comes to life the critical thing is whether you take  
things for granted or take them with gratitude."  
G.K. Chesterton*

And I want you to know, my dear brothers and sisters, that everything  
that has happened to me here has helped to spread the Good News.  
Philippians 1:12 (NLT)

God is \_\_\_\_\_.  
Godly \_\_\_\_\_ is developed.  
God is \_\_\_\_\_.

Though the fig tree does not bud and there are no grapes on the vines,  
though the olive crop fails and the fields produce no food, though  
there are no sheep in the pen and no cattle in the stalls, <sup>18</sup> yet I will  
rejoice in the LORD, I will be joyful in God my Savior. <sup>19</sup> The  
Sovereign LORD is my strength; he makes my feet like the feet of a  
deer, he enables me to tread on the heights. Habakkuk 3:17-19 (NLT)

## I will be thankful in life's \_\_\_\_\_.

It is good to give thanks to the LORD, to sing praises to the Most High.  
<sup>2</sup> It is good to proclaim your unfailing love in the morning, your  
faithfulness in the evening, <sup>3</sup> accompanied by a ten-stringed  
instrument, a harp, and the melody of a lyre. <sup>4</sup> You thrill me, LORD,  
with all you have done for me! I sing for joy because of what you have  
done. Psalm 92:1-4 (NLT)